Dear parents and carers,

Sometimes a picture tells a thousand words. I could not be prouder of the respect and support shown by ALL staff and parents to our students at Pine Sports Day on Wednesday. I am also extremely grateful for the weather given the cold change today!! We were third overall, with some records broken by children in the Championship events. Congratulations to Joel Virtanen, Sky Virtanen and Lachlan Summers in particular for their outstanding results particularly in sprints and hurdles. All of our students performed exceptionally well, but the most pleasing aspect of the day was the sportsmanship, manners and leadership shown by our students. An extra thanks to Joel Virtanen who stood up as the School Captain leading the other children on both our Sports Day and at Pines. Many parents commented on his outstanding contribution to the school community. Well done everyone!!
Spelling in the Middle Primary Class

Each Monday, the students in the Middle Primary class get a list of 10 – 12 words that follow a spelling pattern. They then complete a spelling sheet, which involves different activities that help students learn the spelling pattern for the week.

Once the students have completed the spelling sheet, they can then complete at least three spelling activities. Some of the class favourites include:

- Drumming Words - where students spell their words to the beat of a drum
- 3D Words – Where students use foam putty to make their words
- Hopscotch Words – Students write their words in a hopscotch court
- Toss-a-Word - Students throw a ball to each other spelling their words as they go

Some awesome home spelling activities can include:
- Clean Words – Students use soap or shaving cream to write their words
- Pasta Words – Students use spaghetti to write their words

Hopscotch Words is a crowd favourite, especially on a nice morning.

3D Words is a fantastic “hands on” way of spelling practice.

Even Chalk Words is a great way to start the day!

Cyber Bullying Information Night TONIGHT!
Thursday 12th March, Mary MacKillop School Hall
Sponsored by our local branch of the Bendigo Bank.
Proudly introducing guest speaker, Susan McLean, who is Australia’s foremost expert in the area of Cybersafety and young people. She is a mother of three, and the first Victorian Police Officer appointed to a position involving Cybersafety and young people.
Over the next few weeks we will be doing our Eat A Rainbow Program. This is a healthy eating program where the children get to taste lots of different coloured fruit and vegetables. Next week we will begin with green. This program is one you might like to also do at home, so we will be sending home a laminated chart with stickers for your child to have on the fridge. It’s something fun to do but also these charts are a great way to encourage children to eat a variety of foods. Recent World Health Organisation research has shown that in general people are consuming huge amounts of sugar which causes a great many serious health issues. The recommended adult amount was to aim for a maximum of 4 teaspoons of sugar in your diet daily. To put this in perspective, a can of soft drink contains up to 10 teaspoons of sugar and a popper almost as much! Something to think about when you are packing lunch boxes in the morning.

Wow, we are now super fit after 2 weeks of sports day practice and the 2 days itself. It was great to see all the students participating happily and having fun in the process. It was also pleasing to see our students playing respectfully with students from other schools.

I would like to say congratulations to Skye Virtanen for breaking the Reception Sprint record with a time of 9.55sec. Wow, what a rocket! Well done Skye and well done to everyone else who participated in the day.

Over the next few weeks, in numeracy we will be looking at shapes. 2D and 3D shapes and shapes in our environment.

We will also be continuing with numbers skills and facts and hopefully to consolidate our learning so we can move on to higher numbers.

The Upper Primary class has had an especially busy couple of weeks. Last week 8 of our year 6/7 students travelled to Adelaide for the annual Young Leaders Conference. This was a fantastic opportunity for the students to hear some truly inspirational young Australians speak on what they have achieved in their lives so far. We heard from great Australians such as Paralympic swimmer Matt Cowdrey and singer Rachael Leahcar. We also visited Bounce which is an indoor jumping experience with trampolines. It was great fun and also some great exercise.

On return from Adelaide we were busily preparing ourselves and our teams for our Sports Day. Our captains all stepped up and were great leaders and performance and behavior was extremely good. This hard work was also put on show yesterday during our performances at the Pines Sports Day. It was a great day with some outstanding individual and team performances. Big congratulations goes to Joel for his 2 records and Lachlan his 1 as well as everyone trying their best and working well together.

Some exciting opportunities are coming up for the Upper Primary class that the students are quite excited about and we look forward to sharing this with everyone as the term winds down. Look out for some photos from our Young Leaders trip in 2 weeks time.

Nangwarry Sports Day
Results
Muricata 166
Pinaster 120
Radiata 106
Congratulations to the following winners!!

Preschool Award goes to: Paige Sealey for being responsible for our fish.
Junior Primary Award goes to: Skye Virtanen for going up a level in reading.
Middle Primary Award goes to: Noah Virtanen for a fantastic attitude to school.
Upper Primary Award goes to: Joel Virtanen for active participation at Young Leaders.
Principal Awards go to: Charlie Blanck for listening and lovely manners.
                               Phillip Davis for trying hard to read to someone every day.
                               Aaron Edwards for sports day leadership.
                               Luci Wilkinson for resilience and kindness at work.

Quicksmart Awards go to: Addison Green, Adele Wilkinson, Jason Tasker, Bailey Lindner, Lachlan Summers and Ty Dinnison well done to all students on their excellent participation in Quicksmart over the two weeks.

Governing Council – AGM Wednesday 25th March, 5:30-6:30pm. School Staff Room.
Please note the process for nominating to be a Council member in 2015. Nomination forms with a seconder (unrelated parent of the school) need to be lodged BEFORE the general meeting/AGM. All nominees understand the Council Code of Conduct that is an agreed document signed by elected members, calling for respectful meeting behaviour and confidentiality. Members are nominating to work for the betterment of the school. Six members will be elected, and additional members can be co-opted should the council deem an increased number necessary in the given year for specific tasks.
Forms will be sent out with this newsletter should you wish to join the Council in 2015. Office bearers will be elected at the AGM following the General meeting on this same night.

Playgroup in Schools  PINS!!
Monday mornings - 9 to 11am
Preschool-Nangwarry
Playgroup Leader: Leah Gibbs ph 872397241